

Factsheet



Academy Training Group
Invest in Knowledge – Invest in Your Future

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Course Title	An Introduction to Occupational Health, Safety and Ergonomics (OHE)
Duration	3 months
Admission Requirements	English Proficiency Grade 12 or equivalent
Course type	Short course (Non-credit bearing)
Method of study	Full time or Part time
Class attendance options	Face-to-Face or Online

What do I get with this course?

- * Course material
- * Class interaction with facilitator
- * Technical/Learner support when needed
- * Assessments
- * Certification

Course description:

There is inherent risk that is associated with performing work, regardless of the industry in question. Hazards come in many different forms, and it is only through the combined efforts of the government, employers and employees that they can be addressed properly. This Skill Set provides students with a comprehensive understanding of the regulations, practices and processes that are used to keep employees safe in the workplace.

Course Content:

- An introduction to occupational health and safety
- Occupational safety: Occupational injuries and fatalities
- Occupational health: Dealing with disease
- Occupational health: Occupational stress
- The law and occupational health and safety
- Ethics and occupational health and safety
- Fostering a safety culture
- Promoting health through benefits
- Ergonomics: An Introduction
- Ergonomic design in the workplace